



Going beyond Digital Health: Driving Ubiquitous and Continuous Wellness through Connected Living and Smart Sensors



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Kollabio, Inc.

Kollabio is a Digital Solutions firm with a focus on building connected solutions using Wearables and IoT. Currently working on a Connected Digital Health platform called Health360.



Key Areas of Expertise

Digital Health & IoT

Digital Strategy & Transformation

Cloud Architecture & DevOps

Agile Systems Engineering & Delivery

Industries

Healthcare

Public Sector

Transportation

— Agenda.

1. Challenges with Healthcare
2. Current Landscape of Digital Health
3. Market Forces Impacting Healthcare
4. Continuous Wellness w/ Smart Sensors
5. Closing Remarks



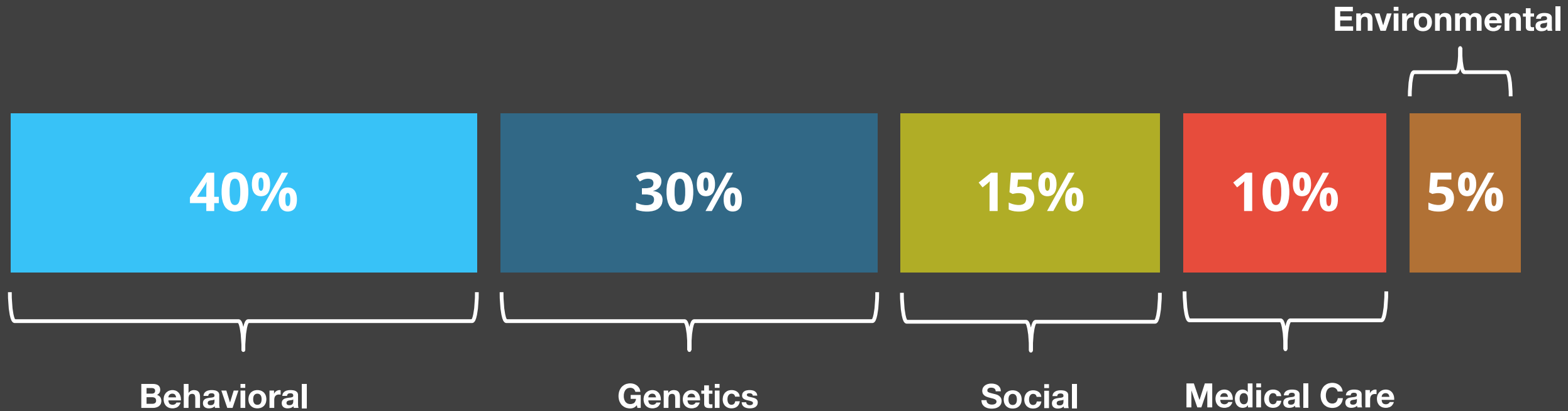
Challenges with Current Healthcare System



Lack of Holistic Context

Symptom Driven Reactive Care (Sick Care)

Factors Influencing Human Health



Source: McGinnis et al, Health Affairs, Vol 22(2)

Focus is on “symptoms” around a specific episode

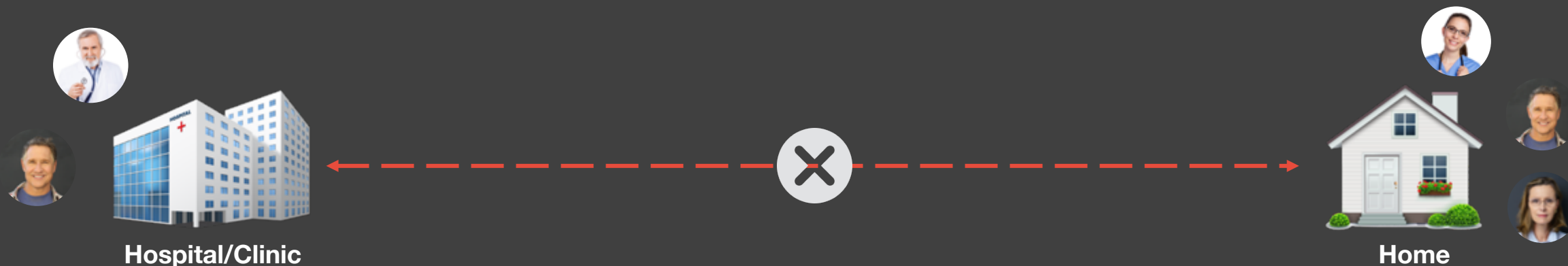


Lack of Care Continuity

Institutionalized or Localized Care Delivery

Healthcare is Fragmented and Reactive

Health/Wellness is “continuous” and is an integral part of our lives !



Care is delivered at “Point of Care” – Gaps in Care Continuum !



Digital Health is starting to
address these challenges...

Current State of Digital Health

Technologies



Wearables



Bio-Sensors



Genomics



Data Analytics



Connected Devices



AI/Machine Learning

Capabilities



Wellness Management



Telehealth



Patient Experience
& Engagement



Care Coordination



Remote Monitoring



Population Health

Top 10 Most Active Markets of 2016

By
StartUp Health



Active Digital Health Categories.

TOP CATEGORIES OF FUNDING YTD 2016

ROCK
HEAL+H



\$339M

Flatiron Health
(\$175M)



ANALYTICS/BIG DATA

Data aggregation and/or analysis to support a wide range of healthcare use cases



\$274M

Human Longevity
(\$220M)



GENOMICS AND SEQUENCING

Sequencing technologies, including hardware and software that focus on human genomics and enhance care delivery



\$263M

Jawbone
(\$165M)



WEARABLES AND BIOSENSING

Wearable or accessory devices that detect specific biometrics and are designated for consumers



\$231M

Specialists On Call
(\$50M)



TELEMEDICINE

Software products to assist in the tracking of personal health (e.g., physical activity, nutrition, genetics) and health records



\$202M

Proteus Health
(\$50M)



DIGITAL MEDICAL DEVICES

Hardware/software designed to cure/mitigate/treat/prevent a specific disease or condition



\$190M

Health Catalyst
(\$70M)



POPULATION HEALTH MANAGEMENT

Comprehensive delivery system tools to manage the health of populations under the shift to ACO models

Rock Health, Q2, 2016.



What else is on the horizon?

Digital Health
in the context of
Other Emerging Technology Trends

Emerging Technology Trends



Smart Homes & Buildings



Internet of Things (IoT)



Smart Cities



Blockchain



Connected & Autonomous Vehicles



Robotics



Advanced Genomics

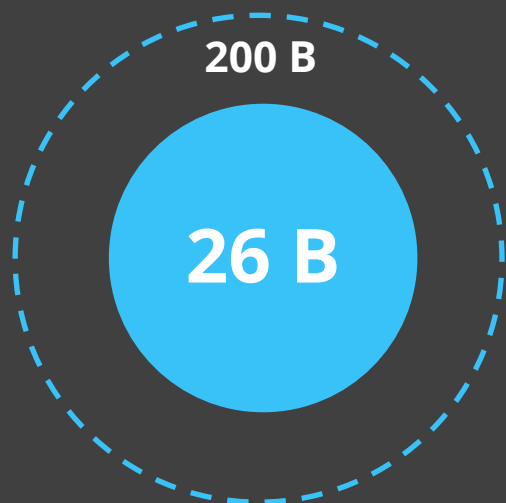


Conversational Systems
Intelligent Agents



AI/Cognitive Computing
Advanced/Deep Learning

Healthcare IoT Market Size



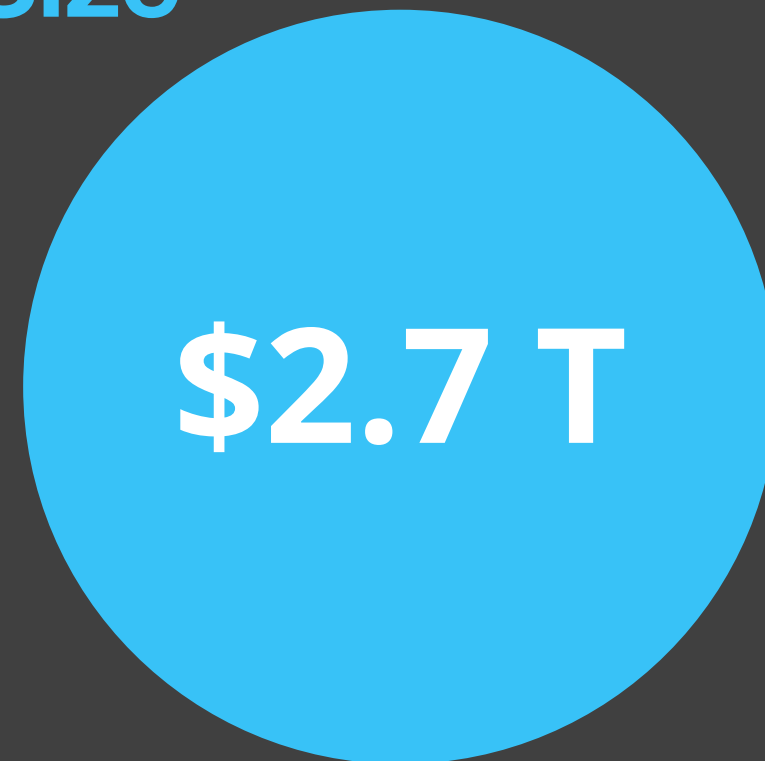
of "Things"
connected by 2020

(Source: Cisco, Gartner,
McKinsey, Intel....)



Healthcare IoT market by
2020.

(Source: Mind Commerce Report
by MarketResearch.com)




Predicted global worth of
IoT in Healthcare by 2025

(Source: Intel, A guide to internet of
things)



Innovations in **IoT/Smart Sensors** are gradually **reshaping** the the places we work, live and play (Homes, buildings, workplaces and cities)...



**Soon, ubiquitous deployment of Smart
Sensors will sense a whole range of
features about the world around us....**

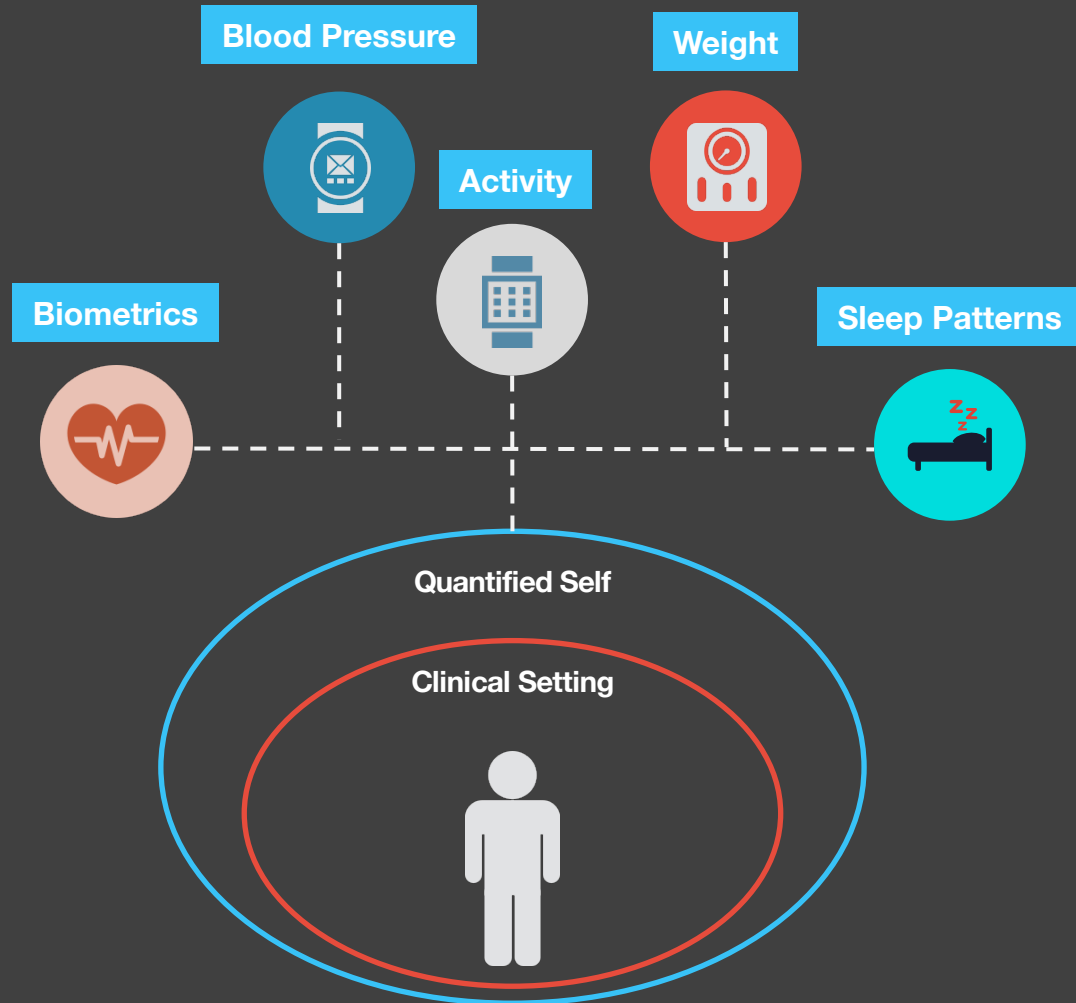
**...and help us better understand, manage
and monitor our own Health/wellness as
an integral part of our life.**

The Layered Smart Health Ecosystem.



Smarter Self.

Smarter Self



Wearables & Bio-Sensors.

Features

- ✓ Wearable Fitness Devices
- ✓ Bio-sensors
- ✓ Connected Medical Devices

Usage Scenarios

- ✓ Continuous collection of bio-markers.
- ✓ Personal health checks at home.
- ✓ Remote condition monitoring and collaboration with providers.
- ✓ Real-time notifications to family members in emergencies.
- ✓ Assist with musculoskeletal and neurological disorders
- ✓ Become an extension of us – communicate with each other – augmented decision making

Emerging Wearables & Sensors.

Vital Signs Monitoring



Source: Scanadu Scout

Brain Monitoring & Cognitive Assessment



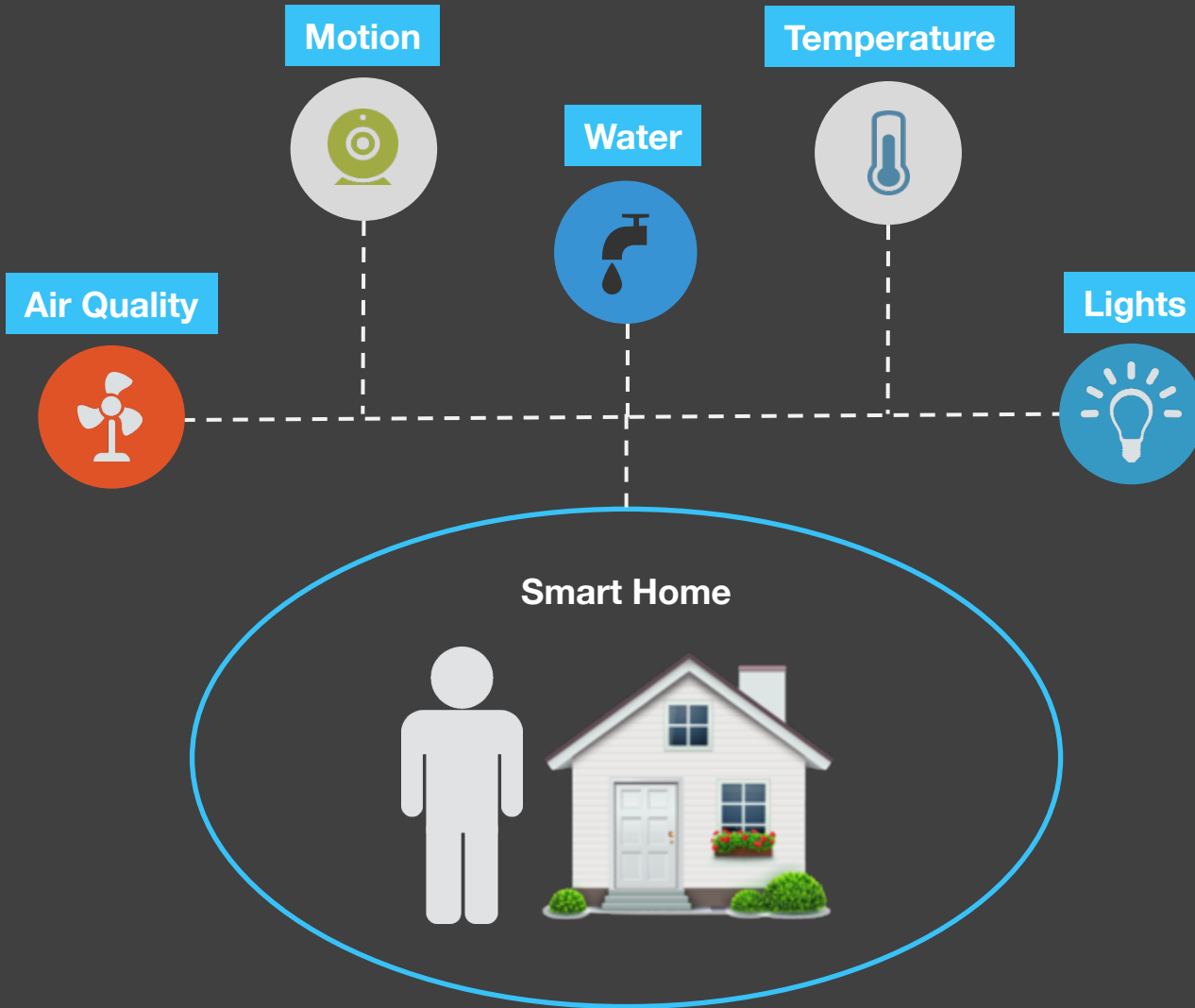
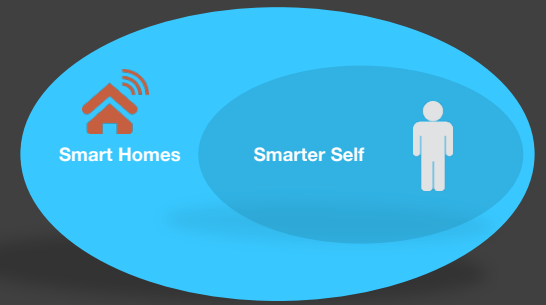
Source: Emotiv

Advanced Cardiac Care



Source: iRhythm

Smart Homes.



Features

- ✓ Temperature and environment control.
- ✓ Water and Air quality monitoring.
- ✓ Motion and Presence detection.
- ✓ Automation of lights and appliances.

Usage Scenarios

- ✓ Monitor for deviations from normal patterns.
- ✓ Remote monitoring of elderly and chronic care.
- ✓ Real-time alerts on environmental quality.
- ✓ Security and safety for the occupants.

Emerging Smarter Home Devices.

Integrated Interfaces



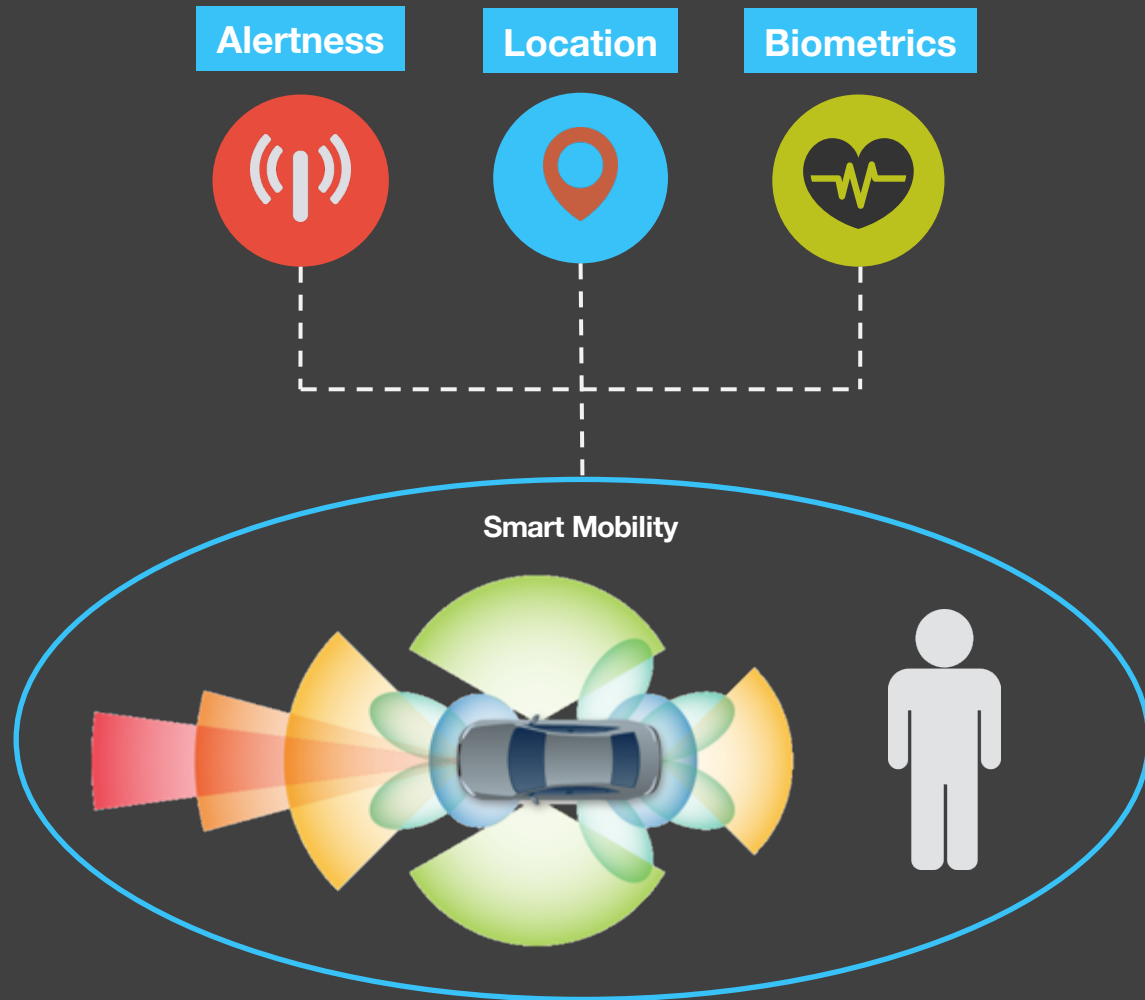
**Personal
Home Health Robot**
(Source:Pilo)



Conversational Devices
(Source:Amazon Echo)

- ✓ Track Medication Adherence
- ✓ Dispense Medications
- ✓ Order Refills
- ✓ Connect with Care providers
- ✓ Control Other Devices
- ✓ Control temperature and humidity

Smart Mobility/Connected Cars.

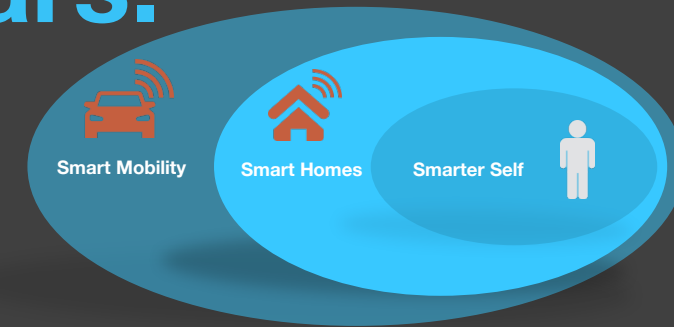


Features

- ✓ Embedded Biosensors.
- ✓ Condition Monitoring.
- ✓ Location Tracking.
- ✓ Autonomous driving and Driver-assist.
- ✓ Real-time Notifications.

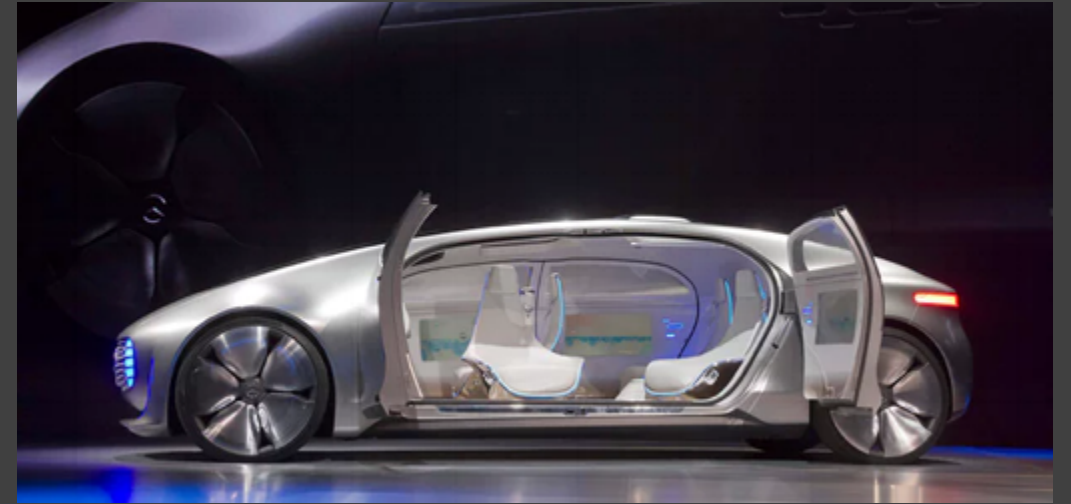
Usage Scenarios

- ✓ Personalized recommendations based on location and Geo-fencing.
- ✓ Continuous monitoring of select bio-markers through embedded sensors
- ✓ Posture and alertness detection of drivers
- ✓ Traffic monitoring and driver assist to avoid accidents due to lack of driver attention
- ✓ Drive to the near-by healthcare facility in case of an emergency

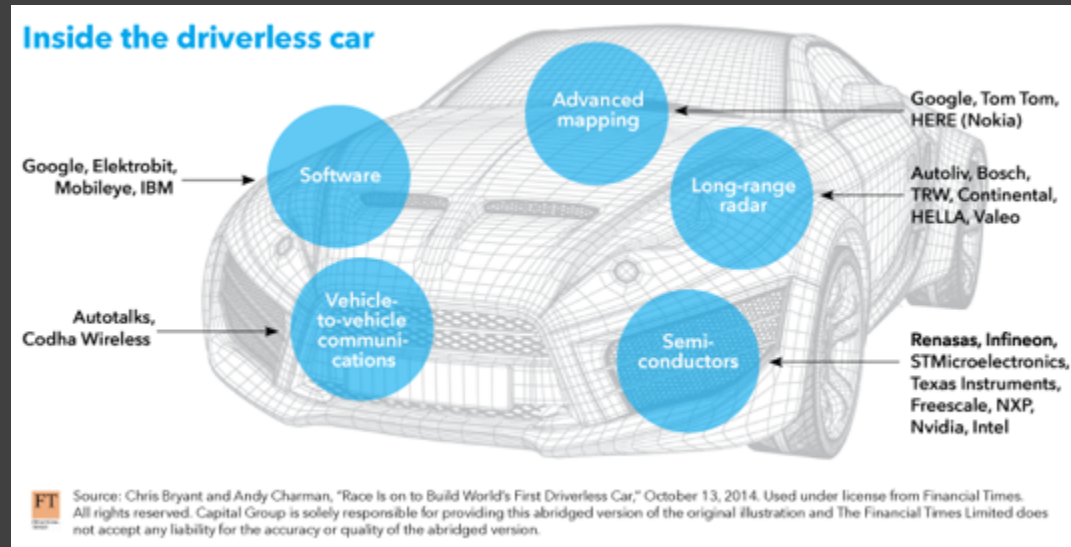




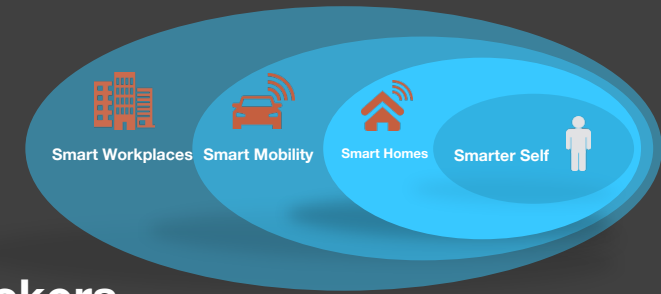
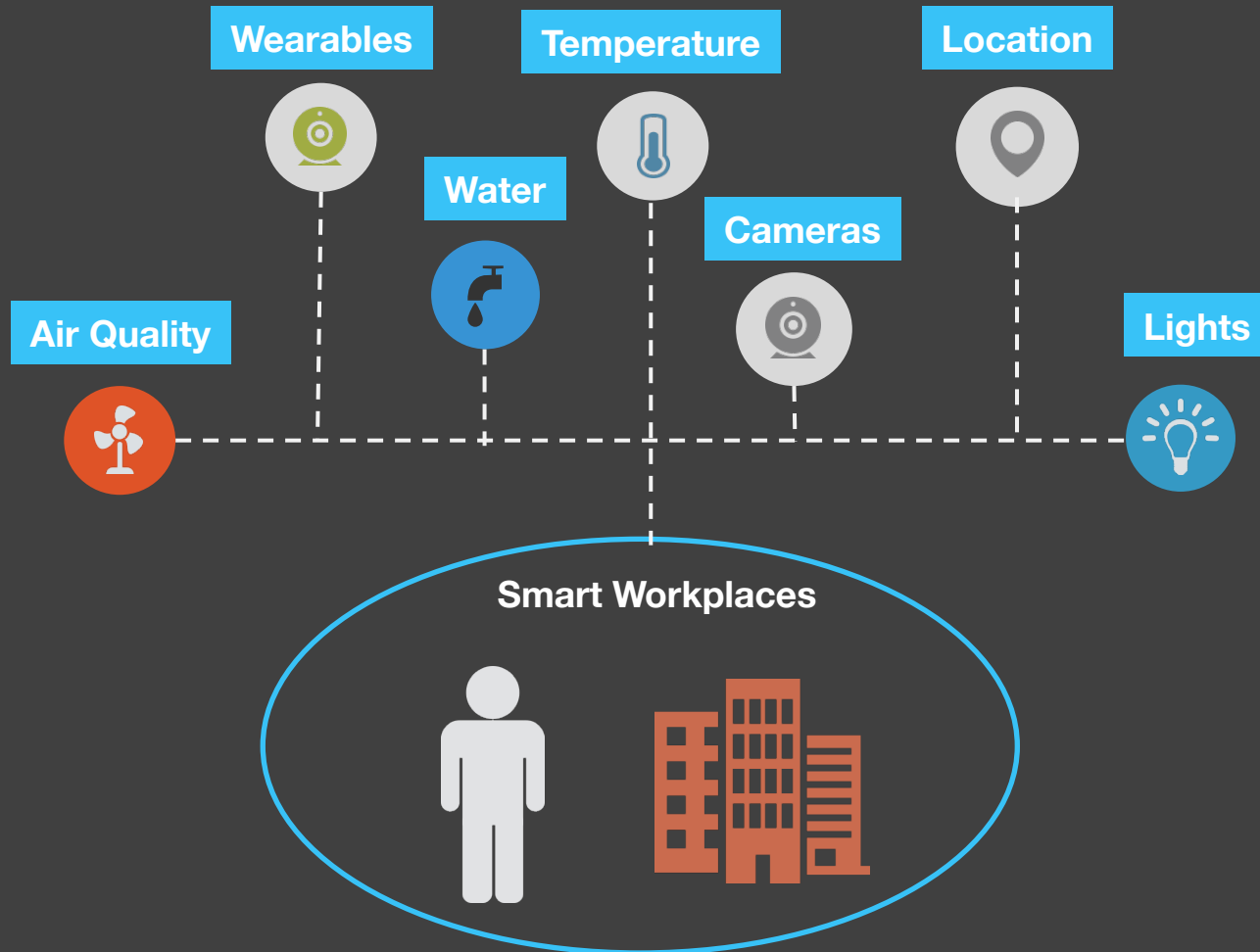
Driverless Car Interface
(Source:wsj.com/Tesla)



Driverless Concept Car
(Source:The Guardian/Mercedes)



Smarter Workplaces.



Features

- ✓ Wearable Trackers.
- ✓ Smart Buildings.
- ✓ Embedded Smart Sensors.
- ✓ Real-time Notifications.
- ✓ Integrated with Employee Details.

Usage Scenarios

- ✓ Focus on Safety, Health and Wellness of Employees.
- ✓ Productivity optimization through Wellness initiatives (Wearables).
- ✓ Real-time Notifications on safety and conditions of work sites.

Smarter and Safer Workplaces.



- ✓ Wearables and Wellness programs with a focus on Health and Productivity.
- ✓ Automated monitoring of bad postures and safety risks (Desk Jobs).
- ✓ Real-time Notifications of employee and workplace safety (Factory/Mines).
- ✓ Monitoring of environmental conditions and safety hazards (Mines).
- ✓ Connectivity between workers and machines through Wearables and IoT.
- ✓ Heads-up display through augmented reality (Warehouses, Factories).
- ✓ Safer, more comfortable and productive workplaces/smart buildings.

Smarter Workplace Examples.



Connected Accessories
(Source:Smart Cap)

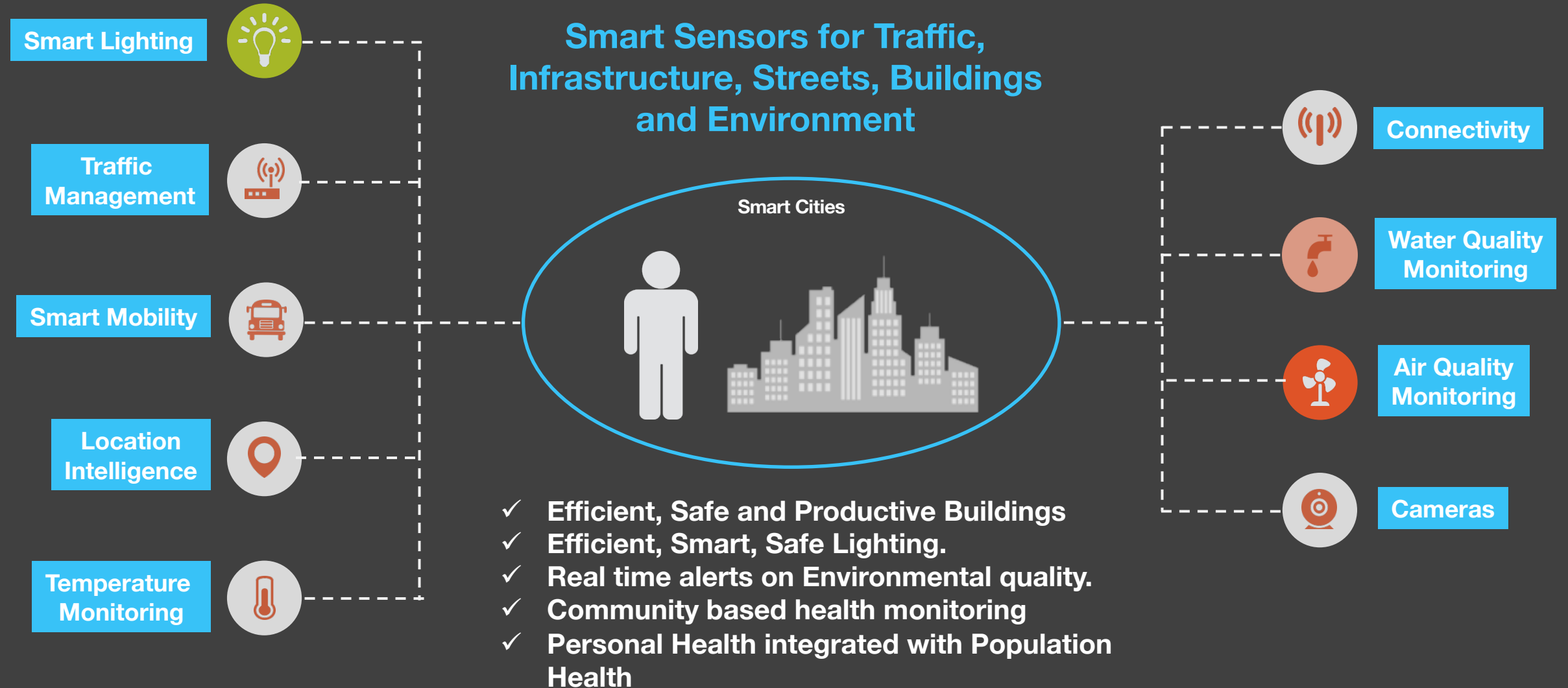


Augmented Reality
(Source:Atheer AiR Glasses)

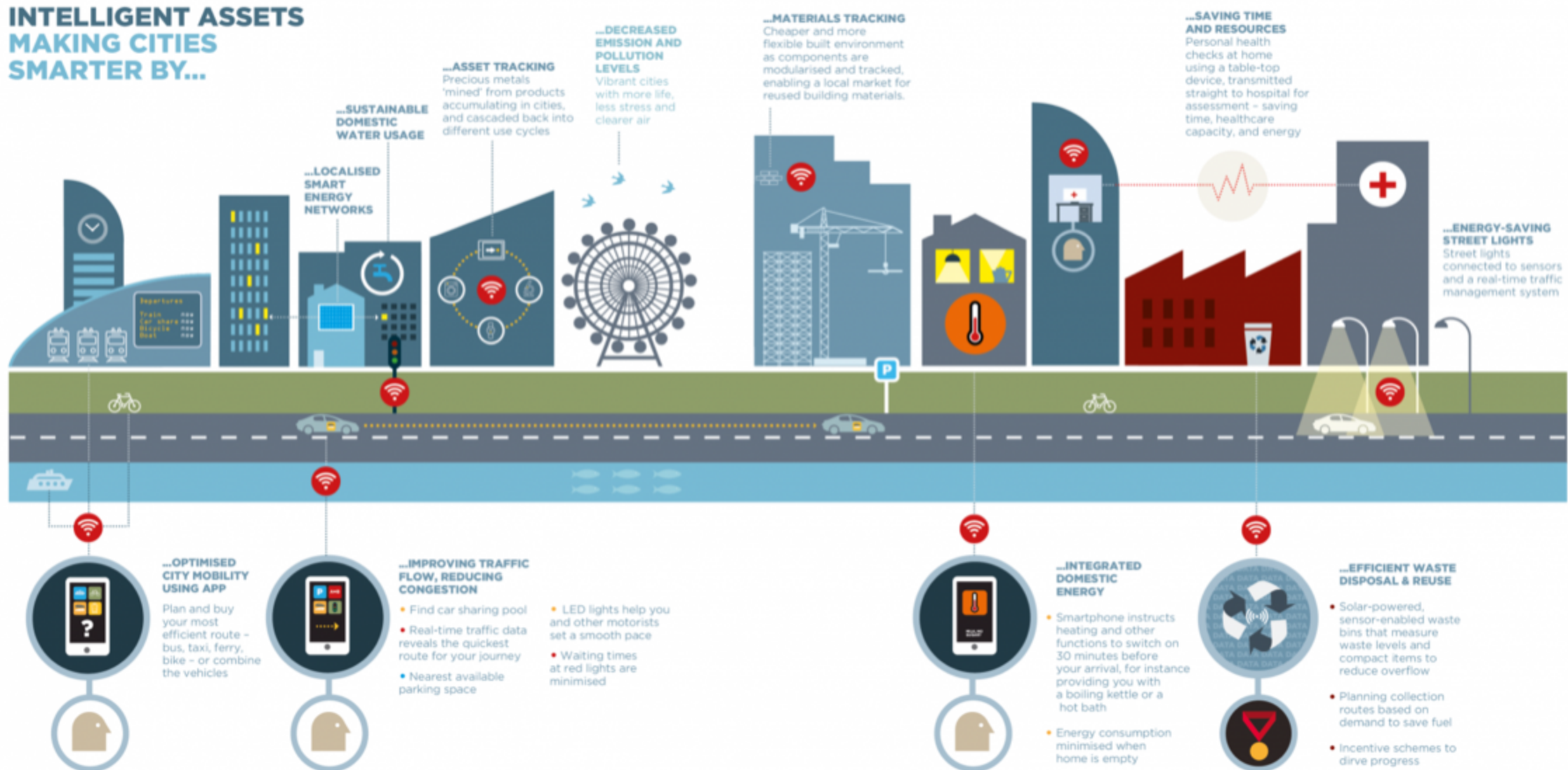
Smart Seating/Desk
(Source:HumanScale)



Smart Communities & Cities.



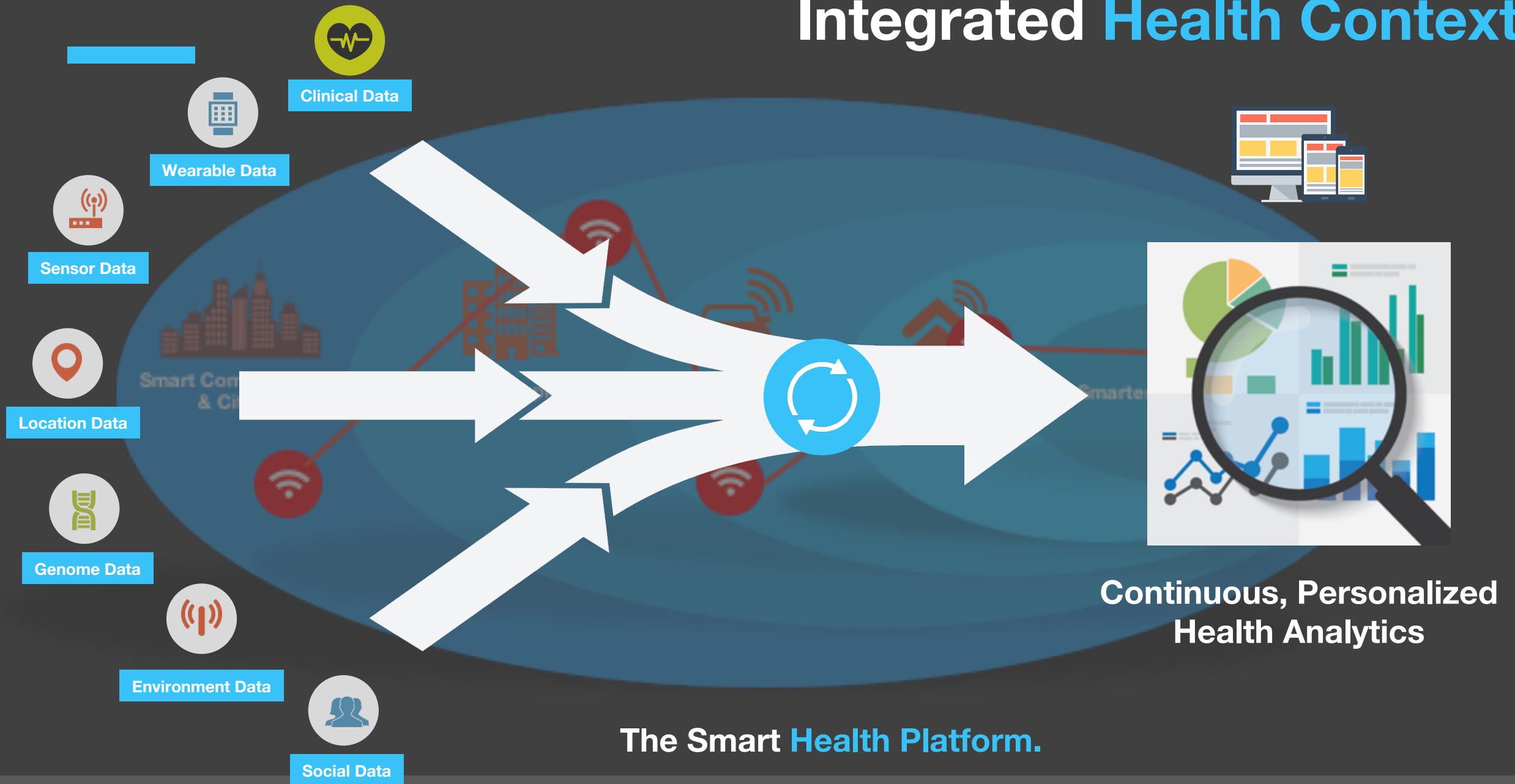
INTELLIGENT ASSETS MAKING CITIES SMARTER BY...



SOURCE: World Economic Forum and Ellen MacArthur Foundation, *Intelligent Assets - Unlocking the circular economy potential* (2016)
www.ellenmacarthurfoundation.org/publications/intelligent-assets



Integrated Health Context.



Continuous, Personalized
Health Analytics

The Smart Health Platform.

— Challenges Remain.

Privacy and Security

- Information security
- De-identification where applicable
- Potential for unintentional inferences and economic decision making
- Consumers should have control over their data and decide who sees it

Digital Adoption

- Awareness of technology
- Training and education for both consumers and care providers
- Digital solutions that are designed for the target user base

Interoperability

- Need for standards to enable different “things” to work with each other seamlessly

Payment Models

- Reimbursements and reward models for digital health interventions are still in progress
- Industry needs to catch up with innovation

The Data Deluge

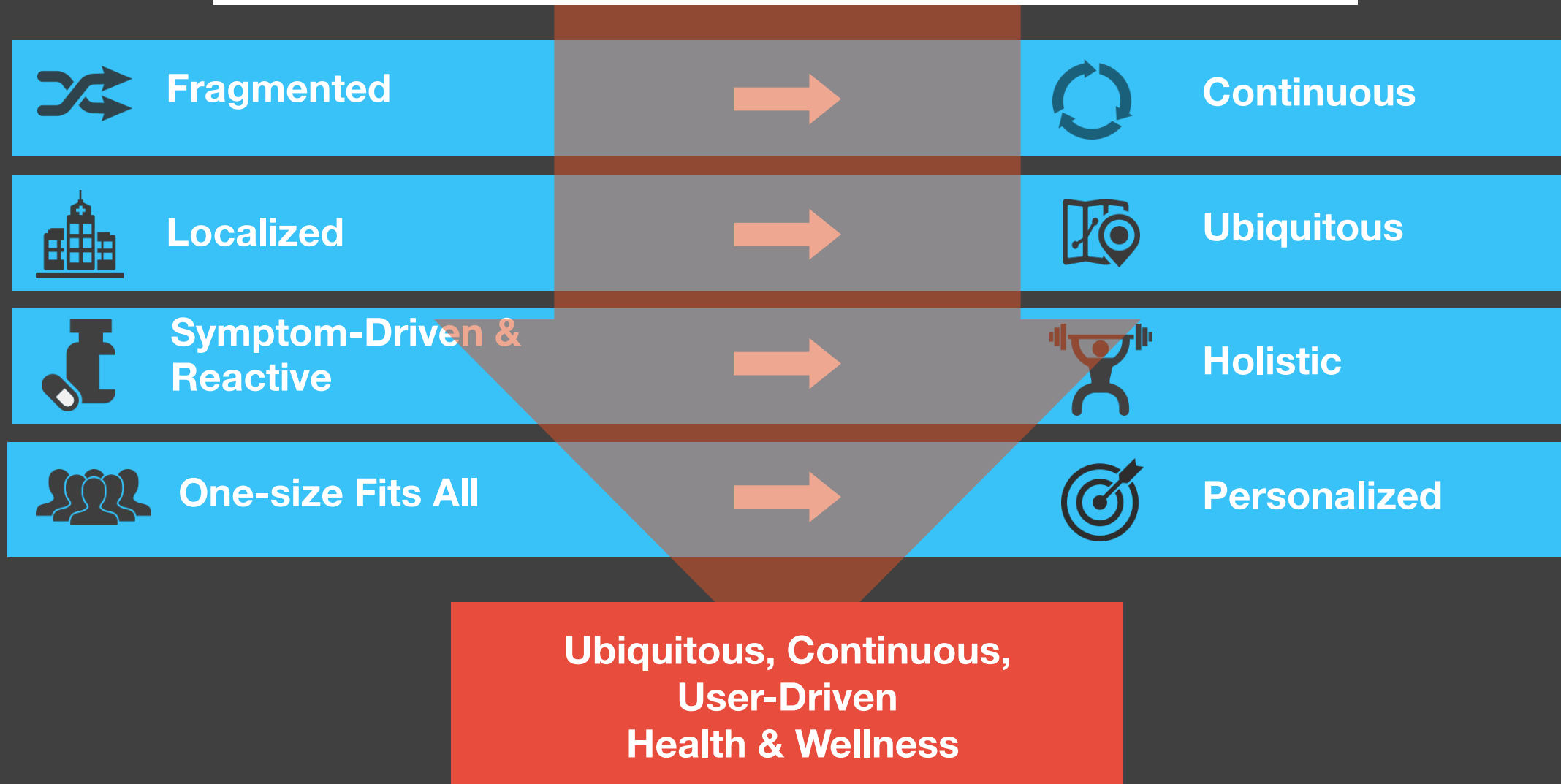
- Making sense of the raw data
- Provide the right level of detail for decision making

— Smart Sensor Ecosystem.

A Connected eco-system of Smart Sensors and Data sources will force us to rethink how Health is measured, managed and care is delivered.....



Smart Sensors + Cloud + Mobile + Analytics





THANK YOU

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 **HEALTH 360**

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